# JADARA UNIVERSITY



# **SMOKE-FREE CAMPUS POLICY**

#### **Mission Statement**

#### JADARA UNIVERSITY is committed to:

- providing students and staff with a safe, healthy and supportive environment in which to work
- recognising that the health and wellbeing of our students and staff is important
- providing a supportive campus culture where healthy lifestyle choices are valued and encouraged.

### **Objectives and Strategies**

**JADARA UNIVERSITY** respects the right of smokers to smoke. However, Jadara University will support smokers if they wish to stop smoking.

#### **JADARA UNIVERSITY** will:

- safeguard students, staff, and visitors from the harmful effects of tobacco smoke
- provide smoking cessation support to students and staff wanting to stop smoking.

This policy reinforces JADARA UNIVERSITY's commitment to reducing the harm caused by tobacco smoke.

## Scope



- This policy applies to all students, staff, contractors, and visitors on campus.
- Smoking is NOT PERMITTED at any time on the grounds or buildings of the campus, or wherever you see the sign below.
- The boundaries of the campus are shown in the map published at JADARA UNIVERSITY's website, and include all indoor and outdoor areas of the campus within the map boundaries.
- Smoking is ONLY PERMITTED at the designated smoking area(s).
- The location(s) of these designated smoking areas have been selected to ensure that students are not exposed to the risk of second-hand tobacco smoke.
- This policy applies from 1st January 2021.
- Smoking is NOT PERMITTED in the JADARA UNIVERSITY's vehicles
- Cigarette sales and/or promotion of cigarette products is not permitted on campus.



## **JADARA UNIVERSITY Smoking Cessation Support**

**JADARA UNIVERSITY** recognises the difficulties facing students and/or staff members who smoke, and will provide the following support to assist them in dealing with the effects of nicotine withdrawal during work hours, and/or to stop smoking:

- an assessment for nicotine dependence and treatment options
- an individual cessation plan to address withdrawal from tobacco products

## **Smoking Breaks**

- Staff who wish to smoke while at work may do so only during award rest breaks (where applicable).
- Further breaks are NOT PERMITTED.
- STAFF are NOT PERMITTED to go off site to smoke during award rest breaks.

### **Compliance Measures**

- As a designated smoke-free campus, it is a breach of the Jordanian Public Health Law No. 47 of 2008, Chapter 12, is the primary piece of tobacco control legislation in Jordan and addresses smoke free places, tobacco advertising and promotion, and tobacco packaging and labelling. It also provides penalties for violations of these provisions on JADARA UNIVERSITY Campus.
- All students and staff are expected to comply with the requirements of this policy.
- Top management is responsible for encouraging compliance with this policy.
- All students and staff are responsible for ensuring visitors comply with this policy.
- All visitors who smoke on campus are to be informed of the policy and politely requested to extinguish their cigarette.
- Contractors should be advised of the policy and asked to extinguish their cigarette.
- Staff who breach the policy will initially be counselled by their supervisor. The supervisor will reinforce occupational health and safety obligations, and the health effects of passive smoking on co-workers. The employee will be informed of the smoking cessation or withdrawal management support available for employees, and how to access these resources. Formal disciplinary action in line with workplace procedures, and/or reporting to the Control Officer will occur for repeated breaches of the policy.
- Students who breach the policy will initially be counselled by their academic supervisor or head of department. The supervisor will reinforce occupational health and safety obligations, and the health effects of passive smoking on other students. The student will be informed of the smoking cessation or withdrawal support available for students, and how to access these resources. Formal disciplinary action in line with workplace procedures, and/or reporting to the Control Officer will occur for repeated breaches of the policy.

# **Expectation of JADARA UNIVERSITY Staff and Students**

Staff and Students of JADARA UNIVERSITY are expected to:

- participate in the implementation of this policy
- comply with the requirements of this policy
- inform those entering the campus of this policy
- ensure that additional cigarette breaks (beyond award rest breaks) are taken in their own time
- request that any visitors or contractors smoking on site extinguish their cigarette

### Communication

#### JADARA UNIVERSITY will ensure that:

- all students and staff receive a copy of this policy during the induction process
- this policy is easily accessible by all, published on JADARA UNIVERSITY website.
- Students and staff are notified of all changes to this policy.

### **Monitoring and Review**

**JADARA UNIVERSITY** will review this policy one year after implementation and annually thereafter.

Effectiveness of the policy will be assessed through:

- feedback from students and staff, the Smoke-free Campus Policy Implementation Committee and management
- review of the policy by management and committee to determine if all objectives have been met
- level of student and staff engagement.

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